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World book of swimming : from science to performance ...

Tue, 04 Sep 2018 10:42:00 GMT *World book of swimming : from science to performance. [Ludovic Seifert; Didier Chollet;] ... World book of swimming. New York : Nova Science Publishers, ©2011 (DLC) 2010016079 (OCoLC)609871856: Material Type: ... # Sports and athletics preparation, performance and psychology schema: ...*

Science of Performance: Swimming Nutritional Program ...

Tue, 27 Nov 2012 10:43:00 GMT *Science of Performance: Swimming Nutritional Program By Swimming World correspondent G. John Mullen of Swimming Science and Center of Optimal Restoration , Creator of Swimmer's Shoulder System ...*

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Sat, 15 Sep 2018 13:57:00 GMT *Analytics in Sports: The New Science of Winning . February 2014 ... • Bloomberg Sports—Player performance data and “match analysis” for all major professional sports ... author of the book Mathletics), noted one example: In the 2006 playoffs for the Mavericks, for example, Jerry Stackhouse was very ...*

The Effects of Participation in Athletics on Academic ...

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Tapering and Peaking for Optimal Performance - Iñigo Mujika ...

Kinesiology/Exercise and Sport Science. Anatomy. Biomechanics. Kinesiology. History of Sport. Motor Behavior. ... Elite Sports Figures on Tapering and Peaking Chapter 9: Tapering for Individual Endurance Sports ... Iñigo Mujika discusses Tapering and Peaking for Optimal Performance. Iñigo Mujika discusses training programs and tapering ...

High-Performance Training for Sports - Dan Lewindon

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